

**AMA Fitness Center** has the *SOLUTION* to *couch potato-itis...*



**Only**  
**\$99**  
**4 Week Boot Camp\***

**LOSE** body fat, weight & inches and  
**GAIN** strength, muscle tone & confidence.  
**GET FIT** and **HAVE FUN** doing it!

*New Boot Camps start approximately every 6 weeks! But don't wait — call us to pro rate your class and get started today!*

VISIT [WWW.AMAFITNESS.COM](http://WWW.AMAFITNESS.COM) FOR CALENDAR OF DATES, TIMES AND LOCATIONS!

**CALL 727-785-4773**

Contact us with questions, other start dates or pro rated classes!

**[www.amafitness.com](http://www.amafitness.com)**

Visit us on the web for registration form and more info!

**Cancellation policy:** Due to the extreme value of this program, we do NOT offer make-up days or refunds in the majority of instances. **PLEASE VISIT**

**[WWW.AMAFITNESS.COM/amabootcamp.htm](http://WWW.AMAFITNESS.COM/amabootcamp.htm) FOR FULL CANCELLATION POLICY.**